

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vervloesem Anke HEADCOACH

Coaches: Vereecken Sven

Coaches: De Ridder Fedor

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:1, starttime: 14:00
Heat: 1/4 Lane : 2 Athlete: BOECKX PAULIEN			Q-time: 01:31:50
PB (50m pool): 01:34.71 Mol 22/06/2025			PB (25m pool): 01:29.78 SB: no time
PB	5 0 M	1 0 0 M	
	00:46.39	01:34.71	
	00:46.39	00:48.32	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:2, starttime: 14:02
Heat: 2/4 Lane : 5 Athlete: LEYSEN IMKE			Q-time: 01:20:36
PB (50m pool): 01:20.36 Antwerp 02/02/2025			PB (25m pool): 01:18.86 SB: no time
PB	5 0 M	1 0 0 M	
	00:37.51	01:20.36	
	00:37.51	00:42.85	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:2, starttime: 14:02
Heat: 2/4 Lane : 8 Athlete: VALKENBORGHES YANNE			Q-time: 01:23:88
PB (50m pool): 01:23.88 Antwerp 02/02/2025			PB (25m pool): 01:26.11 SB: no time
PB	5 0 M	1 0 0 M	
	00:36.76	01:23.88	
	00:36.76	00:47.12	
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 14:04
Heat: 3/4 Lane : 5 Athlete: MAES JULIE			Q-time: 01:12:80
PB (50m pool): 01:18.84 Antwerpen 13/07/2025			PB (25m pool): 01:12.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.10	01:18.84	
	00:35.10	00:43.74	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:6, starttime: 14:18
Heat: 6/7 Lane : 3 Athlete: BEGUE MILANN			Q-time: 01:07:82
PB (50m pool): 01:12.17 Eindhoven 16/03/2025			PB (25m pool): 01:07.82 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.99	01:12.17	
	00:34.99	00:37.18	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:7, starttime: 14:20
Heat: 7/7 Lane : 1 Athlete: HUFKENS ILIAN			Q-time: 01:05:81
PB (50m pool): 01:12.10 Eindhoven 16/03/2025			PB (25m pool): 01:05.81 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.13	01:12.10	
	00:35.13	00:36.97	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:7, starttime: 14:20
Heat: 7/7 Lane : 2 Athlete: ZRIRAK WAEI			Q-time: 01:04:64
PB (50m pool): 01:10.48 Antwerpen 20/04/2025			PB (25m pool): 01:04.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.42	01:10.48	
	00:33.42	00:37.06	
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 17+			Heat:3, starttime: 14:31
Heat: 3/3 Lane : 8 Athlete: HAESENDONCKX JARNE			Q-time: 01:16:63
PB (50m pool): 01:16.63 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:13.95 SB: no time			
	5 0 M	1 0 0 M	
PB	00:35.00	01:16.63	
	00:35.00	00:41.63	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:35
Heat: 3/4 Lane : 3 Athlete: BORGHS LORE			Q-time: 00:30:10
PB (50m pool): 00:30.10 Antwerpen 13/07/2025 PB (25m pool): 00:29.30 SB: no time			
	5 0 M		
PB	00:30.10		
	00:30.10		
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:35
Heat: 3/4 Lane : 8 Athlete: MAES JULIE			Q-time: 00:30:84
PB (50m pool): 00:30.84 Antwerpen 20/04/2025 PB (25m pool): 00:30.15 SB: no time			
	5 0 M		
PB	00:30.84		
	00:30.84		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:1, starttime: 14:40
Heat: 1/8 Lane : 4 Athlete: WOUTERS MIT			Q-time: 01:14:22
PB (50m pool): 01:18.28 Antwerp 02/02/2025 PB (25m pool): 01:14.22 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.12	01:18.28	
	00:38.12	00:40.16	
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:1, starttime: 14:40
Heat: 1/8 Lane : 6 Athlete: CORNELIS KAAT			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:2, starttime: 14:42
Heat: 2/8 Lane : 6 Athlete: VALKENBORGHS YANNE			Q-time: 01:12:29
PB (50m pool): 01:12.29 Wezenberg 05/01/2025			PB (25m pool): 01:11.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.63	01:12.29	
	00:34.63	00:37.66	

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:2, starttime: 14:42
Heat: 2/8 Lane : 8 Athlete: BOECKX PAULIEN			Q-time: 01:14:00
PB (50m pool): 01:14.00 Eindhoven 16/03/2025			PB (25m pool): 01:11.61 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.66	01:14.00	
	00:35.66	00:38.34	

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:44
Heat: 3/8 Lane : 5 Athlete: COOLS YELENA			Q-time: 01:09:52
PB (50m pool): 01:09.52 Antwerpen 20/04/2025			PB (25m pool): 01:06.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.31	01:09.52	
	00:33.31	00:36.21	

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:4, starttime: 14:46
Heat: 4/8 Lane : 6 Athlete: LEYSEN IMKE			Q-time: 01:09:34
PB (50m pool): 01:09.34 Antwerp 02/02/2025			PB (25m pool): 01:08.90 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.16	01:09.34	
	00:33.16	00:36.18	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:6, starttime: 14:49
Heat: 6/8 Lane : 2 Athlete: VANLOMMEL LUISA VALENTINA			Q-time: 01:05:68
PB (50m pool): 01:05.68 Antwerpen 13/07/2025			PB (25m pool): 01:04.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.84	01:05.68	
	00:31.84	00:33.84	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:6, starttime: 15:02
Heat: 6/8 Lane : 6 Athlete: ZRIRAK WAEL			Q-time: 00:59:96
PB (50m pool): 00:59.96 Antwerpen 20/04/2025			PB (25m pool): 00:55.29 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.20	00:59.96	
	00:28.20	00:31.76	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:7, starttime: 15:03
Heat: 7/8 Lane : 1 Athlete: HUFKENS ILIAN			Q-time: 00:59:28
PB (50m pool): 00:59.28 Antwerpen 20/07/2025			PB (25m pool): 00:58.32 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.52	00:59.28	
	00:28.52	00:30.76	
			

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:7, starttime: 15:03
Heat: 7/8 Lane : 3 Athlete: BEGUE MILANN			Q-time: 00:57:70
PB (50m pool): 00:57.70 Antwerpen 20/07/2025			PB (25m pool): 00:56.41 SB: no time
	5 0 M	1 0 0 M	
PB	00:27.89	00:57.70	
	00:27.89	00:29.81	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 15:07
Heat: 2/6 Lane : 4 Athlete: POELS NOMI			Q-time: 00:43:83
PB (50m pool): 00:43.27 Mol 23/06/2024			PB (25m pool): 00:41.11 SB: no time
	5 0 M		
PB	00:43.27		
	00:43.27		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 15:07
Heat: 2/6 Lane : 7 Athlete: COESEMANS AMILIA			Q-time: 00:45:48
PB (50m pool): 00:45.48 Mol 22/06/2025			PB (25m pool): 00:43.64 SB: no time
	5 0 M		
PB	00:45.48		
	00:45.48		
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 17+			Heat:3, starttime: 15:27
Heat: 3/3 Lane : 3 Athlete: MICHOEL QUINTEN			Q-time: 00:58:73
PB (50m pool): 00:58.73 Antwerpen 27/07/2025			PB (25m pool): 00:58.47 SB: no time
	5 0 M	1 0 0 M	
PB	00:27.27	00:58.73	
	00:27.27	00:31.46	
			

Coach feedback:

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Event number: 32: 100M BUTTERFLY MEN 17+			Heat:3, starttime: 15:27
Heat: 3/3 Lane : 8 Athlete: HAESENDONCKX JARNE			Q-time: 01:02:55
PB (50m pool): 01:02.55 Antwerpen 27/07/2025 PB (25m pool): 01:02.40 SB: no time			
	5 0 M	1 0 0 M	
PB	00:28.56	01:02.55	
	00:28.56	00:33.99	
			

Coach feedback: